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the SPECTRUM

Wednesday, October 19, 2011

Sacred Heart University - Fairfield, Conn. Volume 28, Issue 5



The Spectrum/Lindsay Caiati

Smoking on campus will be a thing of the past as beginning next year Sacred Heart will become a smoke-free campus.

Sacred Heart extinguishes smoking on campus

Sofia Carolan
Staff Reporter

Beginning Jan. 1, 2012, Sacred Heart University will become a smoke-free campus. The initiative is part of broader institutional efforts to maintain a campus culture of mutual respect, wellness, and sustainability.

"Dr. Petillo had mentioned it last spring at a faculty meeting with a strong poll behind him," said James Barquinero, Senior Vice President for Student Affairs and Athletics.

According to Barquinero, the Sacred Heart community is in full support of this new policy.

"Seven thousand e-mails got out there, and many said 'Bravo!'" he said.

Support for the new policy is found in faculty and students alike.

"Faculty and students who are health-conscious -- it really bothers them," said Deanna Fiorentino, Executive Director of Student Affairs Research.

The university seeks to provide a safe and clean environment while promoting the health of its students, faculty, staff, and visitors.

"It is about helping to educate students that they are negatively affecting their classmates on campus health-wise," said Fiorentino.

The exposure to secondhand smoke will be severely reduced.

"I think there are students who would like to sit out by the patio outside Flik who aren't doing that because the smoke bothers them. I think this will enable more students to take advantage of our outdoor gatherings," said Fiorentino.

The policy asks smokers not to use tobacco where it can impact others.

"A professor had mentioned that students in

their classes had started asking to close all the windows because the smoke from outside was coming right into the classroom," said Fiorentino.

Students, especially non-smokers, were feeling the impacts of this.

"I think it's great because I don't like smelling like cancer," said junior Zachary Doyle.

The smoke-free policy was made to increase awareness of the risks and potentially lead to lower smoking rates among employees and students.

"There's nothing that says you have the right to smoke on campus, but people do have rights to breathe," said Fiorentino.

Some, like senior Henry Crocker, do feel it is a violation of certain rights.

"It is a completely legal thing that everyone at college is of age to do, give or take a few freshmen, and I don't see how something legal can be banned," Crocker said. "The impression I'm getting is that smokers are going to be further ostracized. I wouldn't want to walk five minutes just to have a cigarette between classes. It's not conducive to a smoker's learning environment. Smokers pay to go here too."

Students added that this policy could eventually reduce the number of smokers on campus.

"I think it's great," said junior Samantha Giordano. "It will get more people to quit."

It is likely that outsiders will see the university from a different perspective once the policy takes effect.

"After a tour, one visitor had said that after seeing all the smokers on campus, they were considering not coming to Sacred Heart," said Barquinero.

After so many incidences coming to the university's attention, it became clear that something needed to be changed.

See SACRED HEART on page 4...

Former SHU student-athlete killed in Romania

Ryan Hannable
Editor-in-Chief

Former Sacred Heart University basketball student-athlete Chauncey Hardy was living a dream playing professionally in Romania, but his dream and life was tragically cut short on Saturday, Oct. 9 following an attack at a Romanian bar.

Hardy played at Sacred Heart from 2006-2010 after growing up in Middletown, Conn., and graduating from Xavier High School.

The point guard averaged 12.5 points last season with the Pioneers and finished with a total of 1,247 points in his four years as a Pioneer. He took last year off, playing locally, before getting his first professional contract at the end of this summer.

He was just beginning his first season in Europe as a member of CSS Giurgiu, and just arrived in Romania in August.

"We are deeply saddened by the loss of a fine young man who had his life cut short at such a young age while he was overseas doing something he loved," Sacred Heart Athletic Director C. Donald Cook said in a statement.

According to an Associated Press report, Hardy and several teammates went to a bar to celebrate their win over rival Dinamo Bucharest in Giurgiu. Hardy playfully put his hat on a women's head while on the dance floor.

The women's boyfriend expressed that he did not like the gesture, and approached Hardy.

Hardy tried to express that he didn't understand Romanian, but then the man punched Hardy in the chin and Hardy fell to the ground.

He was taken to a local hospital, but the 23-year-old died as a result of the severe head injury. A preliminary autopsy revealed a massive hemorrhage and broken skull.

Ionut Adrian Tanasoaia surrendered to Romanian police a day after the attack and will be in custody for 29 days while he awaits trial.

A few days following the death, two doctors were found negligent in their treatment of Hardy after he suffered his massive head injury.

Romanian health ministry official Reed Arafat said Hardy should have been transferred to Bucharest hospital immediately, instead of the 4-and-a-half hours after he arrived in a coma at the Giurgiu hospital.

The Giurgiu hospital lacked the equipment needed to properly treat a severe skull injury. Arafat also added that the ministry recommended that the two doctors be fined \$960 each, the hospital \$11,200, with a fine addressed to the ambulance service and drivers as well.

The former Pioneer star was honored at last Friday's SHU Hoops Madness as the SHU band played Ozzy Osbourne's "Crazy Train," a song that Hardy requested the band play before the Pioneers took to the court each home game.

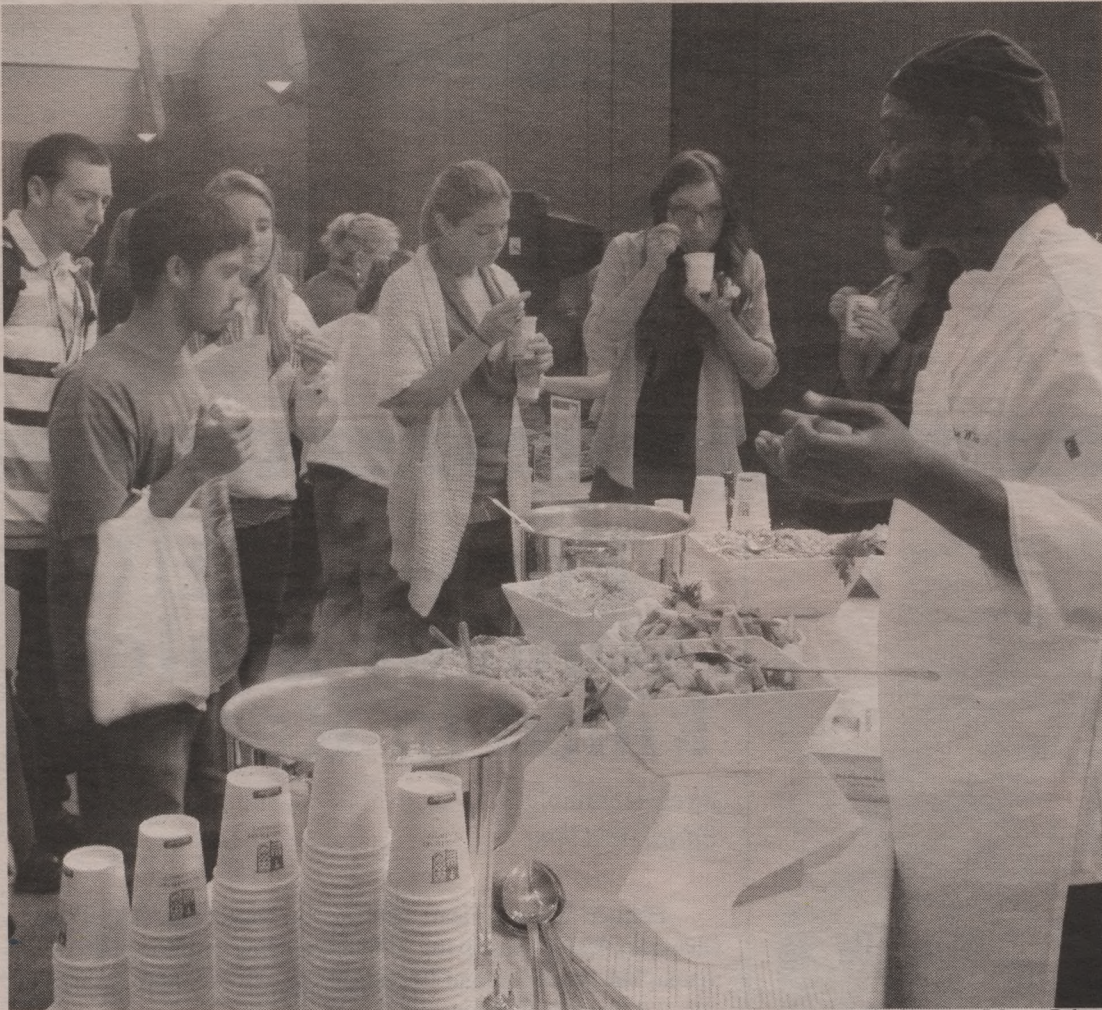
According to band director, Keith Johnston, the song was also played by student bands at UConn, Central Michigan, Fairfield, Robert Morris, Michigan, Elon, Stony Brook and Louisville as part of their basketball first night festivities in Hardy's honor.

"This is not just about a basketball player, but the person as well," said Dave Bike, head coach of the Sacred Heart men's basketball team, in a statement. "It transcends what happens on a basketball court. We feel tremendous sadness and loss for Chauncey's family and those who were close to him."

Hardy's body was flown back to the United States last Friday, and his funeral is scheduled to take place today (Oct. 19) in his hometown of Middletown, Conn.

Material from the Associated Press was used in this article.

For more on Hardy and his legacy at Sacred Heart, turn to page 13.



The Spectrum/Megan Pulone

Students enjoy food and drinks during the annual Health Fair in the UC on Oct. 13.

Health fair raises awareness

Ryan Giltenan
Staff Reporter

On Thursday, Oct. 13, the Sacred Heart Community Health and Wellness Services held a health fair to raise awareness about the services that they offer.

"The purpose of the health fair is to saturate the campus with the promotion of helpful university and community health and wellness services," said Patrice Klein, Health Services Director.

The event was supposed to be held last spring. However, it was moved to this time because it seemed more appropriate.

"This date allowed us to introduce the new students and faculty to the healthful opportunities that abound our campus," said Klein.

"While we did not touch on everything that is available, we still let everyone know where he or she can have his or her health concerns addressed throughout the year -- right here at SHU."

There were many activities including fitness tests and evaluations by the Department of Nursing Education.

"There was an opportunity for students to

have his or her vital signs taken before receiving a health consultation from the nursing students," said Klein.

Many other campus organizations also helped out. A peer group called "S.W.E.E.T." helped the Wellness/ Counseling division as they gave away prizes and ran tables.

The sisters of Zeta Tau Alpha were in attendance to help promote their campaign for breast cancer awareness.

But that was not all. According to Patrice Klein said, the AMSA pre-med students sponsored a 'Minute To Win It' competition to promote the natural high endorphins release.

Representatives from places in the community, such as Target, Whole Foods, Robeks, and Smoke Stoppers, were present for the event.

Flu shots were also provided for anyone over 18 who wished to receive them.

"We are anxious to see our community well-protected against the flu and hope that everyone will be vaccinated," Klein said.

"We placed the names of all who were vaccinated into a drawing for gift card prizes to our local vendors."

Corvino speaks on health care

Heather Yarson
Staff Reporter

Frank A. Corvino, the president and CEO of Greenwich Hospital, will be coming to campus tomorrow (Oct. 20) to talk about "The Future of the American Healthcare System."

The John F. Welch College of Business and the College of Health Professions will be sponsoring the talk.

During his speech, which will take place in the Schine Auditorium at 7 p.m., Corvino will be discussing America's changing health care system and its effects on everyday life.

"The changes in health care will affect all of us, including the millennial generation, which will have to assume some responsibility for Medicare etc. as the 78 million Baby Boomers age," said Michael L. Iannazzi, Vice President for Marketing and Communications.

In particular, Corvino will address the economic impact of the health care reform on current Sacred Heart students.

"The shortage of primary care physicians, the increasing cost of health care services, and an aging population means there will be economic consequences that will affect the economy and jobs for graduating students," said Iannazzi.

Corvino has an extensive knowledge of the health care industry. According to the Sacred Heart University website, Corvino has advocated patient safety, integrative medicine, care for the aging, and the "green" movement throughout his career. He has contributed to several media outlets.

"Mr. Corvino has written a number of op-ed pieces for different publications, including 'Modern Health Care,' and has been interviewed by television reporters like Maria Bartiromo of CNBC on this issue," said Iannazzi.

♥ Open Your Heart

Changing lives on Habitat trips

*Students help out families
in need during spring break*

Erin Burke
Columnist

Damion Allison lives in Wilmington, N.C. with his wife, Tasha Allison, and his five children, Ariyana, MaKayla, Darion, Elijah and Alexander, who was just born this past weekend.

This may seem like a random family from North Carolina, and you may ask, "Why are they so special?" but the Allison family holds a special place in the heart of about 20 students here at Sacred Heart University.

During spring break of 2010, Sacred Heart sent a group of students to Wilmington, N.C. (along with four other places across the country) for an alternative spring breaks, during which they worked with the Allison family, building the house that this growing family would call home.

I was one of the students who was lucky enough to meet Damion and his family. At the time Tasha was pregnant with Elijah, so shingling a roof was out of the question, but Damion was right there next to us the entire week as we finished the roof, put up the siding, finished the porches, installed the doors and windows, and wired the electricity and phone lines.

Working with Damion and his family was an amazing experience. It showed us why we were really there doing what we were doing.

We learned that these families are not just handed homes; they work on their homes putting in "sweat equity" not only on their houses, but on other Habitat houses in the area.

We were able to help this family better their lives and the lives of their future children, and develop a friendship that would last years -- so much so that Damion told us when his wife was pregnant and after his newest son was born.

Habitat takes the traditional idea for spring breaks and flips it upside-down. While students still enjoy the beautiful weather and time out of the classroom, they are given the opportunity to work for a greater cause and change the life of a deserving family.

Students can apply through the Habitat chapter at Sacred Heart to go on one of the five available trips this spring break to West Virginia, Tennessee, Arkansas, Georgia, and Florida.

If selected, I can tell you that this spring break trip will change your entire outlook on life. That is not an opinion, or an exaggeration, it is a fact based on not only personal experience but also on the experiences of every other student that has participated on these trips.

Look out in your e-mail for the applications and make sure you qualify for this amazing experience. Habitat holds several fundraisers throughout the year, like the Sleep Out and The Gingerbread Build, and attendance is just one of the qualifications for the spring break trip.

The relationships and friendships developed during these trips, not only with the families you work with but also with your fellow students, are some of the strongest bonds you will have in your four years here.

Habitat Spring Breaks are an amazing experience that you do not want to miss out on.

If you have any questions or concerns, contact President Bill Haug or Vice President Olivia During.

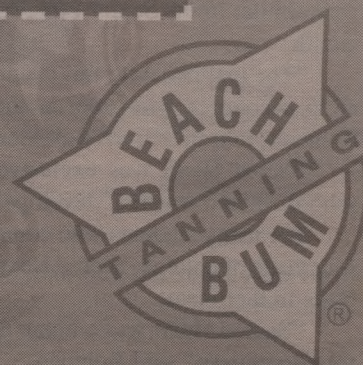
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Alumni reunite at reminiscent pub night

Mixer-style reunion planned for original SHU classes

Andrea Coronis
Staff Reporter

The pub night to be held on Saturday, Oct. 29 in the University Commons at Sacred Heart University is not your average pub night.

Alumni Relations is holding a mixer-style reunion for Sacred Heart's alumni from the classes of 1967 to 1980.

Any alumni are welcome, but the event is mainly geared toward the earlier classes of Sacred Heart.

The event will have music, food and drinks, very similar to the Senior Pub Nights held once a month.

"The main goal for this event is for the alumni to reconnect with one another," said Emily Rohman, Interim Director of Alumni Relations.

Sacred Heart was exclusively a commuter school when it was first developed.

For many students who commuted during all four years of college, Sacred Heart holds a special place in their heart.

"Sacred Heart was a home away from home for commuters," said Rohman.

Many alumni from the first graduating class in 1967 to later graduating classes have not seen the new developments at the university.

"We are providing tours before the mixer throughout the school to show our guests how the

school has changed," said Rohman.

One of the alumni who first approached Rohman about this event was Joe Marrone, who graduated in 1974.

"Sacred Heart has changed a lot since it was the commuter school that we all attended," Marrone told the Sacred Heart University website. "I want other alumni to have a chance to see the stunning transformation that has taken place."

"We thought the word 'mixer' would bring back fond memories of Sacred Heart. We had a lot of fun at mixers when we were all there."

Reunions happen all the time at Sacred Heart, but this is the first mixer-style reunion that has ever occurred here.

"Yes, this is the very first time this has happened here," said Rohman. "We really just want to get all of the classmates together to reconnect."

According to Rohman, there has been a positive response from previous students.

"We are expecting roughly 50 to about 100 alumni to attend our event," she said.

As for Marrone, he is looking forward to connecting with old classmates and seeing all the ways in which the university has evolved.

"I hope everyone will come and will spread the word to others they are in touch with," Marrone said on the university's website. "We were the foundation of Sacred Heart -- a university that has now become one of the best schools in the country."

Occupy Wall Street occupies recent headlines

Mike Peterson
News Editor

Following the worldwide trend of social protests, the Occupy Wall Street movement has gained momentum in New York City and elsewhere. Thousands of protesters have taken to the streets to address various issues.

While the movement encompasses several different problems, economic inequality and the perceived greed of the financial industry is the driving force of Occupy Wall Street (OWS).

"The bottom line is the feeling that the financial industries here on Wall Street have caused the economic problems," Denise Martinez of Brooklyn, N.Y. told the Associated Press. "And they're not contributing their fair share to solving them."

The protests, which mimic the "Arab Spring" protests held throughout the Arab world in the past year, began as a proposal by an anti-consumerist magazine called "Adbusters." The demonstrations began in Zuccotti Park in New York in September, and have quickly spread to other cities in the U.S. and around the world.

According to occupywallstreet.org, the unofficial site of the movement, OWS has spread to over 100 U.S. cities and 1,500 cities globally.

Many people have criticized OWS for its supposed lack of focus.

"At a certain point, there's a valid criticism in people asking, 'What are you doing here?'" protester Chris Biemer told the Los Angeles Times.

Senior Jennifer Porti agrees.

"I do think their demands are a little vague," she said. "Most people are frustrated about the economy, but to just blame Wall Street in general is ridiculous."

Occupy Wall Street saw an increase in media attention after Oct. 1, when more than 700 protesters were arrested as they tried to cross the Brooklyn Bridge.

According to the New York Times, law enforcement officers claimed that they were forced to arrest the protesters because they were obstructing traffic.

Porti acknowledges that the arrests made her more sympathetic toward the protesters.

"When the police did that, it kind of made me wonder," Porti said. "I know they weren't supposed to cross the bridge, but did [so many] of them really need to be arrested?"

As the movement has grown, several public figures have expressed support or disapproval toward it.

President Barack Obama said that it, "expresses the frustrations the American people feel" in a news conference.

Others do not feel that the protests are as productive. According to the National Journal, Republican presidential candidate Mitt Romney called OWS an example of "class warfare."

Regardless of how people feel about the protests, it is clear that they will persist for some time.

"It'll be interesting to see what happens as it gets bigger," said Porti. "I think the protests could have an impact on our economy, and even the presidential election next year."

Sacred Heart prepares people to go smoke-free

...CONTINUED from page 1

"After a while it became clear that we needed to address it in a serious way," said Fiorentino.

The amount of smoking-related litter on campus will be significantly reduced, which will allow staff time to be spent elsewhere, rather than emptying ashtrays and picking up cigarette butts.

"It's understandable that the administration wants to clean up the campus and get rid of the cigarette butts, but with the amount of smokers in both the faculty and student bodies, other solutions should be considered," said junior Sam Burroughs.

Smoke-free environments are becoming common throughout the U.S. "So many public places have been enforcing this idea for so long, it's only natural that schools are starting it too," said junior Luz Caceres.

Not only does smoke impact students on campus, but when entering the "real world" after college, students need to be prepared for different changes.

"We can start to do things to prepare you here for your new reality or eventually your workplace," said Fiorentino. "Smoke-free environments are the direction our nation is going in, so that is what we are doing here."

Sacred Heart plans to provide designated smoke areas on campus. "We don't want to tell students and faculty what to do, so we will find some locations for students to smoke," said Barquinerio.

The policy was announced early enough to give students time to change their smoking lifestyle.

"We wanted to announce it and leave enough time from the time we announced it to the time it takes effect, so that students and faculty could think about it and how it will impact their time on campus," said Fiorentino.

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iPod generation loses iNspirational leader

Christina Cominelli
Staff Reporter

On Oct. 5, a man who was seen as one of the greatest innovators of our time passed away.

Steve Jobs, the CEO of Apple, Inc. died after a long battle with pancreatic cancer at the age of 56.

Jobs was the mastermind behind many electronics that are said to have completely altered and modernized the world of technology, such as the Mac and the iPod.

"Steve Jobs accomplished so much, and had a huge impact on the world," said junior Lauren Thoden. "Basically everyone knows about Apple or owns Apple products, and his inventions advanced technology in a way that no one else had before."

Even though Jobs created a major company and completely altered technology, he came from humble beginnings.

Jobs was adopted as an infant, and became interested in electronics at a young age. He attended Reed College but dropped out after just one semester.

Jobs developed Apple computers with his friend Steve

Wozniak, who he met at Hewlett-Packard where he spent free time during high school. Together, they reinvented the computer to make it more appealing to typical consumers.

"I think the thing that made Jobs such an incredible success was that he created graceful products which had the perfect combination of both form and function. Apple customers didn't just buy his products, -- they loved his products," said Communications Professor Joseph Alicastro.

After starting Apple in 1976 when he was 21, Jobs led the company to new heights. With the inventions of the Mac, the iPod along with iTunes, the iPhone, iPad, and more, Jobs entirely revamped technology. Other companies imitated the products that Apple created just to keep up.

"Steve Jobs helped create some of the most advanced electronics, and everyone uses them -- tons of people in my classes have MacBooks, iPhones, and iPods," said senior Henry Crocker. "People love the computers, phones, and music players he created."

Jobs's creations were and are innovative in the way they deal with the technological world.

"Steve Jobs and Apple completely changed how we

use technology," said freshman Nicole Morra. "The iPod and iTunes altered how everyone listens to and buys music. I haven't purchased an actual CD since before I got my first iPod, and I don't know anyone who doesn't own one."

Jobs continually updated Apple's products and created new ones. Apple constantly stayed ahead of the time with their advanced products.

"It's definitely sad that Jobs passed away," said Thoden. "We have him to thank every time we use our iPhones, MacBooks, and more. I think that Apple will continue to create and update products with the same ideas that Steve had in mind."

The passing of Apple's leading man is a major blow to the world of technology.

"Without Steve Jobs, I don't think communication or the social networking would be nearly as far technologically as it is today," said junior Kara Licastro.

As Apple states on its website, "Apple has lost a visionary and creative genius, and the world has lost an amazing human being ... Steve leaves behind a company that only he could have built, and his spirit will forever be the foundation of Apple."



The Spectrum/Sean Elliott

Junior Andrew Lupo is one of the many students at Sacred Heart who enjoy energy drinks.

Students buzz about UNH's energy drink ban

Keisan Gittens
Staff Reporter

Have you ever had a long night of work, forcing you to stay up all night until 4 a.m.?

Many Sacred Heart University students said that they have, including senior Justin Carde. He said that without energy drinks, he'd probably be forced to go through his day exhausted.

"Mornings are hard for me," he said.

While students like Carde rely on energy drinks to make it through their classes, they may be dismayed to hear of the recent ban the University of New Hampshire placed on selling energy drinks on campus.

According to the Huffington Post, the ban was short-lived, lasting only four days.

Although UNH's initial ban was intended to promote a healthier campus, the popularity of energy drinks among students and the administration's entanglement with the beverages' promotion caused the ban to fail.

As for students who regularly consume energy drinks, many said that they wouldn't resort to alternative beverages and would still purchase energy drinks elsewhere.

"Not everyone drinks coffee. It shouldn't be banned, it should be someone's choice," said Carde.

When asked what they would do if Sacred Heart created a ban on energy drinks, most students were against it and said that it would be an example of a school overusing its power.

Students seem to either rely heavily on energy drinks or strongly dislike them. A major

factor in students' dislike towards energy drinks had to do with their lack of quality nutrition.

"I feel like there's no real energy in energy drinks," said junior Justine Bassomb. "It's just plain sugar and has no nutritional value."

But do most students really take into consideration the amount of sugar and caffeine in energy drinks?

"I think that athletes do, but the general user probably doesn't," said graduate student Justin Guerra.

While some students said that they were hesitant to drink energy drinks because of their sugar and caffeine levels, others said that drinking them once in a while is fine.

"I don't drink them that much, so I feel like they won't affect me in the long run if I only drink them once in a while," said freshman Emily Albers.

However, freshman Robert Morales recognizes that these beverages are not the most nutritionally sound.

"Some people know that they're bad for you but they just don't care," said Morales.

Junior Portia Morrison said that many students simply focus on how energy drinks can help you stay up longer, and that they use it as a crutch throughout the day.

Although they may lack nutritional value, Carde continues to drink energy drinks. He recently took a 5

-Hour Energy drink for the first time before one of his classes.

"I always fall asleep in my Friday class, but I didn't today," Carde said after drinking it.

'Crunchy, yet satisfying'

Would you bite into a cookie full of crickets to get your nutrients?

Nate Milbank
Staff Reporter

A group of students at the University of Chicago have taken a liking to the culinary side of eating insects, creating all sorts of snacks -- from cookies with crickets baked into them to seasoned meal worms to candy blocks with farm ants.

"For them, biting into cricket parts is not a novelty or some kind of gimmick but something they hope will, in coming decades, become universally accepted," said Erin Ding of the Huffington Post.

Ding said that the ultimate goal of these students is to start up their own company and promote insect meat as an economical, ecological food sources.

While the University of Chicago students munch on their cricket cookies, many Sacred Heart University students said that they wouldn't be as keen on the sweet treats.

"I'm terrified of insects, so I probably wouldn't eat one," said junior Trevor Kelly.

Junior Sam Burroughs was a bit more inclined, depending on the situation.

"If I had to, I would eat them. If I was in a situation where I had to survive, then yes, I would," he said.

Others were on the fence about the prospect and asked what the reward would be.

"It all depends on if I was getting paid to eat these bugs," junior John DiBari said.

While eating insects may sound appalling in concept, it's actually been proven to be very nutritious.

According to the Huffington Post, insects leave a smaller ecological footprint and maintain relatively equal or higher quantities of protein and lower amounts of fat and cholesterol than more typical forms of meat.

Even when given the nutritional upsides of eating insects, many students still didn't seem to be all that enthralled.

"I sort of eat bad as a general rule, so I wouldn't be more or less inclined to eat an insect, even if it contains a large amount of nutrients," said Kelly.

Burroughs agreed and said that it's easier to just take a mineral supplement or vitamin to obtain essential nutrients.

One candy company called Hotlix has been selling novelty candies with insects inside them. Their most notorious products are the lollipops with insects like crickets and scorpions inside.

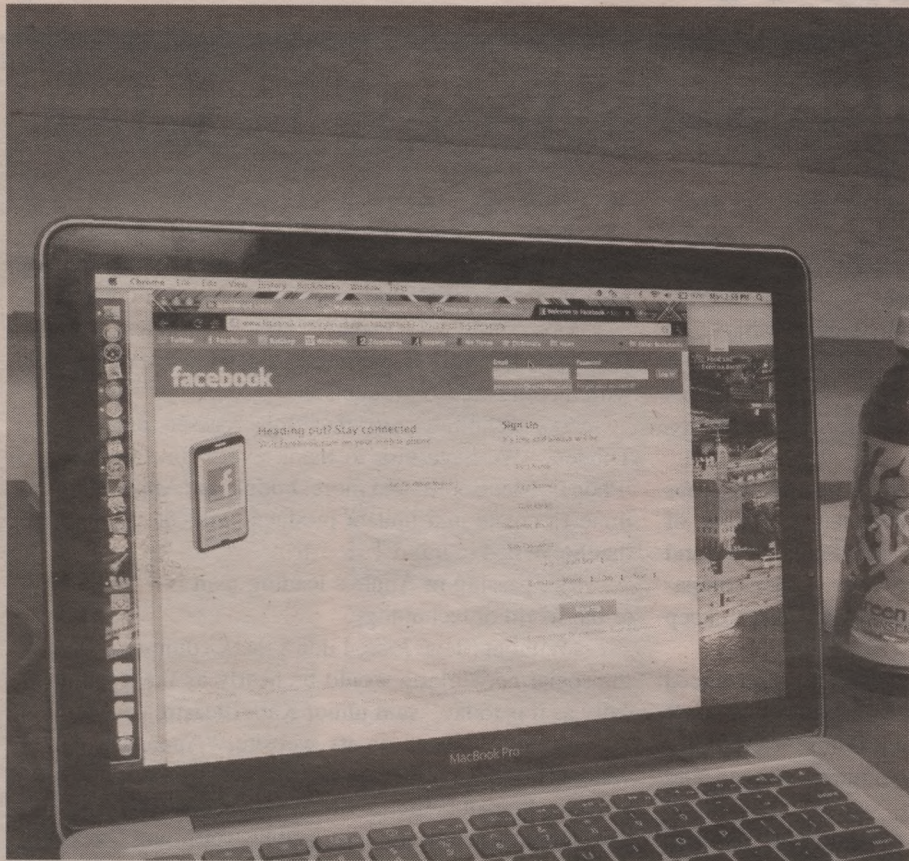
"My uncle gave me one when I was kid. I kept it forever, but I could never bring myself to eat it," said Kelly. "My brother, however, just killed his!"

Although the majority of Sacred Heart students were opposed to the idea of eating bugs, sophomore Andrew Wyosaki said that he would be willing to try eating them.

"I actually learned back in elementary school that there are all sorts of cultures that eat insects if they're well-cooked," said Wyosaki.

While the University of Chicago students may be willing to eat their insect embedded treats, the majority of Sacred Heart students said that they would rather stick to their traditional cookies, with a few rare exceptions.

"They may contain high amounts of proteins and minerals, but so do nuts," said junior Devon Vawter. "If it was for charity, then maybe I would consider."



The Spectrum/Jacqueline Duda

Facebook will be changing once again in the coming months.

Facebook changes prove to be nothing new

Stephanie Feeney
Contributing Writer

Next time you log onto your Facebook account, you may be exposed to an entirely new layout. Yet with the numerous changes Facebook has made over the past month, these changes prove to be no surprise.

In the coming months, the social networking site will once again be updating itself with what they are calling the Timeline feature. This will allow your friends to view your life in the form of a timeline, including pictures and captions entailing your friends, relationships, and other milestones. This feature would eliminate the need for the traditional wall that each user has as a part of their profile.

"I think that the timeline oversteps personal boundaries. It takes social networking to whole other level," said junior Ashley Prashad.

During this cultural transformation, Facebook founders put their own site through many physical modifications. They launched the mini feed in 2006, and from there, expanded to the "like" application, the friend feed, and their most recent live news feed.

"You're able to view what everyone's doing at all times. I feel like it's an invasion of privacy in a way."

--Ryan Kilpatrick, sophomore

The live news feed, also called the News Ticker, continually refreshes a user's home page, and allows them to see who their friends are now friends with, whose wall they wrote on, what they "like," and any picture comments they may make.

Many users realize that they can now see interactions between people they are Facebook friends with and people who they are not.

"It's way too personal," said sophomore Ryan Kilpatrick. "You're able to view what everyone's doing at all times.

I feel like it's an invasion of privacy in a way."

While many Sacred Heart University students agreed with Kilpatrick, others students said that they are looking at the newest version of Facebook in a different light.

"Every time Facebook updates, users think that it gets creepier and creepier," said senior Chris Shine. "However, I think that the creators are just trying to bridge the social networking gap between users."

The Facebook creators are showing their billions of users that something is always happening on their site. The constant supply of news feeds means that people are more apt to visit a greater number of profiles than they otherwise would.

Proponents of Facebook's continuing updates argue that it is not interfering with their privacy.

"It is up to the user to decide what they want or do not want to share," said Prashad.

Although millions of people are now expanding their social networking to other places like Twitter and Google+, they are not ready to let go of Facebook just yet.

"If I switched, I would completely lose touch with family and friends that I interact with on Facebook," said Graduate Assistant Chris Lee.

Users of any social network now expect transitional changes to each site in the coming months.

Twitter founders are unveiling new design upgrades to their site including a cleaner and more simple timeline design with an infinite scroll option. Google+ executives are planning to implement a private messaging option, as many of their users have requested.

While some people may be unhappy with the changes social networking sites are continually making, many students said that the changes would ultimately be beneficial.

"Social networking websites like Facebook need to change in order to grow and progress and keep users interested," said Lee.

HE SAID/SHE SAID

Can an ex be a part of your life when you are seeing someone else?

Joseph
Buquicchio

He said



I was asking some people what they thought about seeing someone while their ex is still in their lives. In general, everyone pretty much said it all depends on the situation or who the people are.

In my own circumstance, I'm not seeing anyone and my ex and I haven't spoken in a while. I wish I could get a chance to talk to her, but that's a whole another story in itself.

However, if I was in a position where my ex was still in my life, and I was seeing someone else, I don't know if I could ever feel the way I did before. It would definitely not become easier if my ex was still in sight. To be honest with you, I still feel like she is a part of my life even though we haven't spoken since Hurricane Irene. She had such a huge impact on my life in so many good ways that I don't even remember when it was bad.

I don't really know if an ex can be a part of your life when you are seeing someone else, so I'd say it depends entirely upon the situation each person is in.

On one hand, I feel like I would really enjoy seeing my ex again on friendly terms. There's always tomorrow to fix the things you may have messed up today, so hey, who knows what may happen later in life.

On the other hand, that may not be possible in some situations because we don't live in a perfect world.

Let's say my ex and I are talking and being strictly platonic while I'm seeing someone else. What would stop me from being reminded of the good things that happened in our past and showing her more attention than my significant other of the present?

All of this depends upon morals really, because there are some people in the world that just don't care and do whatever the hell they want, whenever they want to.

If I want this new relationship to work out, how could I give my significant other a good chance while my ex is still playing a significant part in my life?

Of course there are probably several situations in which people have had exes in their lives while dating other people and have had no problems. Well maybe not several. I don't have much faith in chivalry or whatever you want to call it -- mostly because I really just don't know how every person feels about a certain situation... I wish I did.

I think that the majority of people just don't care anymore. However, I still have hope that there are people with morals out there, who still feel love and have emotions.

This topic pretty much drove me crazy because I couldn't figure out how I would even address it, especially considering my situation with my ex. Love can make you do some crazy things. It can make you hope for the impossible and the best in the world, but it can also make you regret the past everyday, and twice on Sundays.

Just keep your loved ones close to you and live life to the fullest. We only have one life to live.

People tend to forget that each day is a gift, not a given right.

Thanks for reading.

Arielle
Mangiaracina

She said



To stay friends with an ex or not to stay friends with an ex? That is the question, and everyone has a different opinion on what the answer is.

Some say you can, yet some say you can't. Some people wish to stay friends with an ex, and some hope they never have to see their ex again.

I don't believe that there is one set answer to this question. There are many factors contributing to whether or not a couple can remain friends after a breakup. Whether people can stay friends after breaking up depends on the couple, the situation, their personalities, and the circumstances surrounding the break up.

If the two people get along well, have interests in common, and broke-up amicably, then I don't see why they can't stay friends after breaking up.

However, I can understand why someone would be upset if their significant other was hanging out with their ex. Naturally, a person's mind can't help but wonder what the intentions of both parties are when they were once in a relationship.

Another scenario is whether or not your ex is in the same group of friends as you. *If the ex is friends with all your friends*, and you all hang out together all the time, obviously that ex will have a place in your life -- even if you just hang out in a group. You may not be friends, but you have mutual friends. The two of you may not grab a cup of coffee alone together but you may go out for drinks with the rest of your friends.

I believe that exes can remain platonic friends, but it has to stay at that. You have a history with each other, know each other, and can probably understand each other very well, which justifies a friendship. Therefore, an ex can have a place in your life whether or not you are seeing someone new.

However, there is one circumstance where I don't think an ex should have a place in your life, especially when you are seeing someone else.

If you don't ever really talk to your ex, but then it's a Friday night, and you've had a little too much to drink, that's when it gets bad. The drunk dial happens, you meet up, and you hook up.

Maybe it doesn't play out exactly like that, but that's how your ex becomes the person that you continue to see long after you break up.

This ex will be the one you see only to hookup with. If this is the case, then no, your ex should not have a place in your life because it creates a sticky situation for all involved.

There are times when remaining friends with an ex is not even an option. For instance, if the ex betrayed you, or the breakup was vicious, then there's really no place for the ex in your life.

Of course, it has to be under the right circumstances, and it has to be an appropriate relationship, but I believe that exes can be friends even if you are seeing new people.

However, the person you are seeing has to be comfortable with the ex being involved in your life. Yes, exes can stay friends, or just acquaintances, depending on the couple.

My home (very far) away from home

Hannah Ackerman

Features Editor



While my summer's in high school used to be spent as a waitress in downtown Albany, I have found something else to occupy my three months of summer vacation that offers far more than dirty dishes and angry customers.

This summer, I was able to go back to Kenya for my third visit. With the companionship of two other Sacred Heart students, we packed our bags and set off for an adventure.

This summer, alumna Lisa Gerolamo, senior Nicole Bethavas, and I invaded Kenya with excitement and enthusiasm. It was the trip Nicole and I had been waiting for, a voyage back to our favorite place in the world; Watoto Wa Baraka Orphanage in Makuyu, Kenya.

Nicole and I were able to go to Kenya together in 2010 and experienced the trip of a lifetime. From seeing lions in the Maasai Mara, to laying on the beaches in Mombasa, everyday brought us new twists and turns.

This past year, each day seemed to pass more slowly than the one before it, as we awaited our trip back to Makuyu. For one year,

almost all of our conversations revolved around a memory from our past summer.

As months quickly turned into weeks and weeks into days, I began to pack my bags to head to my home across the pond.

When we arrived at the orphanage, everything felt normal again. The children were the same, the buildings were the same, the staff was the same, and the food was the same. Falling back into our everyday routine was not only natural, but missed.

Each day I was able to pick from a list of daily chores to help out with. From doing laundry in a wheelbarrow, to going "downfarm" to pick crops, the work was never ending.

Aside from the daily chores, I also had time to explore Kenya for myself. Getting to know the locals was one of the best ways I could educate myself on the country I was in. Every individual has a story and a past, and it is through these individuals that you learn what Kenya really is.

My summers abroad are what I live for. It is through traveling that I can experience new culture and a new way to look at the world. Kenya is a place that helped to shape who I am.

So... now begins my next countdown to a summer in Kenya. Only eight months, three weeks, and six days.

Coping with life in the fast lane to adulthood

Lisa Manente

A&E Editor



Weddings, husbands, wives, and mortgages.

These were all words that, to me, have always connoted adulthood. While I have legally been an adult for more than three years, I still think of mortgages as something my parents pay, and weddings as things my older aunts and uncles invite me to.

However, this summer I found myself sitting in Kleinfeld's bridal salon shopping with my best friend for her wedding dress.

As the consultant asked her about her finance, a word I'm still not used to hearing, I couldn't help but to think about how unreal this whole experience felt. She shouldn't be answering questions about her wedding budget and her venue -- she should be talking about college and parties.

The weirdest part was yet to come.

As I sat on the couch staring at my best friend, who was staring at herself in a full white ball gown and veil, my phone rang.

Looking back at me was a picture of a hand with a sparkly diamond on it -- another one of my friends had gotten engaged.

Don't get me wrong, I am over the moon happy for both of my friends and their engagements.

As young as they are, I know their decisions to marry were the right decisions for them. However, I cannot help but to be terrified by how fast life is moving.

In less than a year, these girls will have husbands and their own houses. I will be out of school forever, a concept I cannot even begin to fathom.

I still think of myself as a teenager. I

may be able to legally drink, sign my own consent forms, and pay my own bills, but I still look at married professionals as my elders. In reality, they are basically my peers.

While this may be a concept that is hard to believe, it's true. In a few months, I will have graduated from college, will hopefully be starting a permanent career, and will probably be moving out of my childhood home, which has always been my "safe place."

My engaged friends may be younger than the "typical" bride, but they also are not teenagers. They are going to be married adults who are capable of being responsible for themselves and their husbands.

Planning a wedding with my friends has forced me to begin making a plan for my own future.

As much as I don't want to believe that I'm "growing up," I am. All this wedding business is making me realize that it's going to happen to all of us, whether we like it or not.

I've started to seriously consider my desire to move to the West Coast, as my preliminary search for an after graduation job has begun.

Although I may not be ready to make such a drastic change in the near future, I'm going to buckle my seat belt, and (at least TRY) to enjoy the ride.

Oct. 5 issue corrections:

- On page 1, in "Disney speaks on women and war," the title of Dr. Abigail Disney's documentary series is incorrect. The correct title is "Women, War & Peace. It is being aired on PBS on Tuesday nights through Nov. 8.
- On page 10, in "Where is the world is Professor Terry Neu?," Margaret Casey's title is incorrect. Her correct title is Administrative Assistant of Volunteer Programs.

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The Spectrum
5151 Park Avenue
Fairfield, CT 06825

Office Phone 203-371-7963 Advertising Line 203-371-7828 www.sacredheartspectrum.com

the SPECTRUM

Editor-in-Chief
Ryan Hannable

Chief Copy Editor
Erin Murtagh

News Editor
Mike Peterson

Perspectives Editor
Erin MacDonald

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Faculty Advisor
Prof. Joanne Kabak



The Spectrum/Megan Pulone

Performers filled the Edgerton Theater with the Irish spirit and traditions.

'Echoes of Erin' brings Celtic spirit to SHU

Jaclyn Giuliano
Staff Reporter

Gaelic voices filled the Edgerton Center for Performing Arts last Friday evening, as many were anticipating the Irish-culture-filled evening.

"Echoes of Erin," a performance troop established in 1979 from Ireland traveled to Sacred Heart University to share their love of Irish heritage and music.

Coming from many different counties across Ireland, the troop is made up of 12 unique Irish musical artists and dancers.

All the dancers, singers and musicians are All-Ireland champions in their fields, and make a living touring the world.

The group has brought their performances to cities and countries around the world, spreading Irish music, dance, and culture.

According to their website, "Echoes of Erin 2011 presents a variety of music, song and dance presented in an entertaining fashion while simultaneously providing an insight into our authentic Irish cultural traditions."

The show started later than planned, but the storyteller, Joe Monahan, laughed and said that they were, "rolling on Irish time."

The performance started off with nine musicians on stage, five men and four women, all dressed in traditional Irish attire. The women were dressed in long purple dresses, and the men were wearing black dress pants with white collard shirts.

Everyone in the Edgerton rose as a female singer, Róisín Ní Riain brought two cultures together, singing both the Irish and American national anthems.

"Hearing the national anthem being sung by an Irish person really brought my love for the two countries together," said Celtic club president, junior Margaret O'Connor.

Followed by the national anthems was Pádraic Keena, who sang a traditional Irish song that reminded many audience members of their love for Ireland.

Many of the students in the audience had previously studied abroad in Ireland and were excited to relieve some of their experiences over seas, right here at Sacred Heart.

"I came out for the show tonight because of the Celtic club," said senior Donna Nolan. "I'm obsessed with it. I studied in Dingle and learned a lot about the culture so it really reminds me of Ireland."

O'Connor had similar feelings.

"I studied in Dingle last semester," said O'Connor. "I have family from Dundalk and it reminds me of them."

Irish step dancers, Mark Nessler and Claire McDermott, later took the stage to showcase the skills that have awarded them the honor of being among the top 10 best Irish step dancers in the world.

"My favorite part of the show was the step dancers," said Nolan. "The singers were up there as well."

Keena continued with a more light-hearted song, "When Pat Came Over the Hill." Comically, some of the lyrics included, "I came to know the difference between a fiddle, dog and a man."

O'Connor went into the show with no expectations but came out extremely satisfied.

"My favorite part of the show was the Kerry Polka," said O'Connor. "I wasn't sure what to expect, but I am so happy there are so many different styles of Irish music, and seeing different people sing and dance is wonderful."

TAP brings 'Rocky Horror' to life

Theater Art Program's interactive show kicks off Halloween festivities.

Lisa Panzarino
Staff Reporter

Halloween is approaching, which means, it's time to do the time warp again.

The Theater Arts Program (TAP) at Sacred Heart University will be presenting an interactive showing of the 1975 cult classic, "The Rocky Horror Picture Show" tonight (Oct. 16) at 10:10 p.m.

A Halloween midnight showing of the peculiar movie has been continually shown in theaters since its original opening, giving it the longest theatrical run in history, according to IMDB.

Taking the idea from other fans around the world, TAP's presentation will be no ordinary show. This showing will be an interactive event that will be full of surprises and include audience participation.

"I have always loved the movie, so I think it would be cool to see what they add to it to make it interactive," said junior Patrick Fletcher.

For a \$5 entrance fee, audience members will be given props and a special script that will prompt reactions to the film.

"It's kind of like when we were younger and Nickelodeon would have smell-o-vision cartoons where you would scratch and sniff a certain number on the card whenever that number appeared on the screen," said senior Amanda Rivera, who is a member of TAP.

Rivera explained that the props will be used to make audiences feel as if they are a part of the movie.

"We will be having two smaller projection screens on the side of the large projection where Rocky Horror will be playing that will tell audience members to throw rice from their mystery bag at this line, or to use their newspapers during the scene where the characters are stuck in the rain to protect themselves from the rain," she said.

TAP performers will recreate one of the most famous scenes from the movie, the "Time Warp" dance, performed originally by bizarre characters in the film.

A TAP dance ensemble group will perform on stage during the scene, while other performers will take the dance down into the aisles.

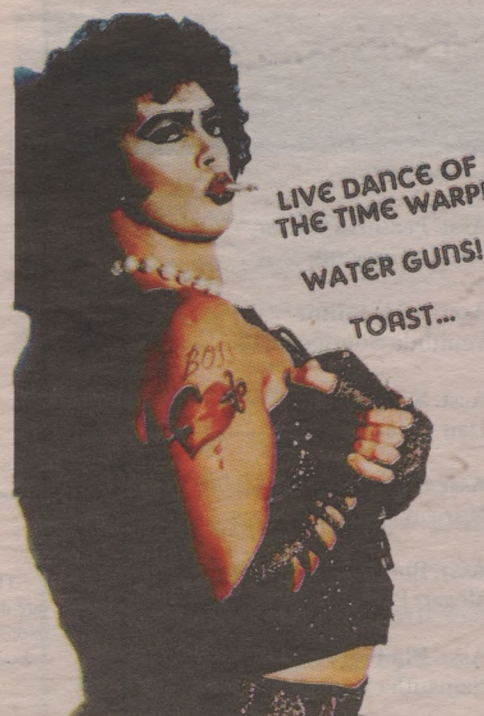
"I think it should be an exciting show. It is going to be different than other ones I have been to because it will have the audience involved in the show," said junior KiKi Zambelli.

With a combination of their love for theatre, film, and the movie itself, TAP decided to put together this event for the Halloween season.

"We are having a blast putting it together right now and preparing for it that it would be so fulfilling if the audience enjoyed it just as much," said Rivera.

Audience members are encouraged to dress up like their favorite character from the film for what Rivera promises will be a very unique experience.

"It's a mixture of film and live theatre so there will always be something to look at and interact with at all times. It's something that everyone can have fun with," she said. "How many people can say that they had a mini food fight in the Edgerton Theatre or danced along with some 'sweet transvestites' during the 'Time Warp'? This event is going to be one big, frightful party."



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Photo Courtesy of Theater Arts Program

The Rocky Horror Picture Show will be tonight (Oct. 16) in the Edgerton Theater.

It's not so 'black or white' in Jackson's trial

Chelsea Ilg
Staff Reporter

It has been two years since Michael Jackson's sudden death at the age of 50. To this day, information is just being released about the real cause of his death, as well as hidden news that has just been uncovered.

Dr. Conrad Murray, who treated Jackson, is currently on trial for manslaughter, and is being accused of giving Jackson a lethal overdose.

According to ABC News online, the doctor could face up to four years in prison for involuntary manslaughter if found responsible for Jackson's death.

The article continues to explain how Jackson was found to have elevated levels of the drug propofol, an intravenous sedative.

The prosecution's evidence has left many people skeptical of Murray's innocence.

According to the Daily News, "Paramedics who were called to the scene have stated that Dr. Murray lied about the medications the King of Pop was taking. They also claim to have witnessed him placing important medical evidence into a bag and removing it from the scene, even as his dead patient was being wheeled away."

Sophomore Jennifer Biagotti believes that Murray should be prosecuted for withholding information so important to the case.

"I think Jackson's doctor should suffer some sort of consequences, considering he did know more than the media had," she said.

TMZ reports, that the prosecution is using the fact the Murray waited 30 minutes to call 911 after he noticed the singer lost a pulse, against him.

"I can't believe Murray didn't speak up earlier. He could have saved Michael Jackson's

life," said sophomore Frank Rubino.

Murray's defense originally claimed that Jackson swallowed the dose while the doctor wasn't looking, but recently the story changed.

According to CBS News, during the trial on Oct. 12, defense attorney J. Michael Flanagan stated, "We are not going to assert at any time during this trial that Michael Jackson orally administered propofol."

Currently, the trial has been postponed due to a delay in witness testimony.

Murray's new defense has yet to be officially presented.

While the attention is focused on the legal aspect, sophomore Giovanni Casale is keeping her focus on the tragedy of the King of Pop's death.

"It was sad to see such an incredible person in history have to go the way that he did," she said.



AP Photo

Dr. Murray can only sit and wait for a decision in his trial regarding Michael Jackson.

"50/50" is a 100 percent must see



AP Photo

Serious Gordon-Levitt and funny man Rogen compliment each others' personalities in the movie.

Caitlyn Wrynn
Contributing Writer



Based on a true story, "50/50" is a tear-jerking film about a young boy's journey with cancer. The movie touches on every aspect of a person's road to recovery, and the importance of friends and family through the healing process.

Adam (Joseph Gordon-Levitt) is a timid 27-year-old. He has an eccentric girlfriend names Rachael who lives with him, a crude best friend Kyle (Seth Rogen), an overbearing mother, and a sick father. He is extremely "by the book" and tries to do right by everyone. It is clear in the beginning that his kind nature is easily taken advantage of.

Adam's world is turned upside down when he discovers he has a tumor on his spine and learns that the rate of survival is 50/50.

On the surface Adam acts fine about his illness. He begins to see an inexperienced psychologist named Katie (Anna Kendrick). Adam is only her third patient and she doesn't really know how to handle him. Adam finds it comical that she is so nervous and blunt. There is an initial attraction between the two and it makes an interesting side plot to the movie.

His best friend Kyle brings comic relief to the seriousness of the situation. When he is diagnosed Kyle says, "If you were a casino game, you'd have the best odds". Kyle is the polar opposite of Adam. His crudeness and vulgarity makes Adam seem like a saint.

Adam gets annoyed that Kyle uses his sickness to pick up women, but he later finds a book "Facing Cancer Together" in Kyle's bathroom and knows that he truly cares about him. Kyle finds Adam's girlfriend cheating on him and tells Adam. Going along with his raw character, Kyle tells Rachael that she is a horrible human and to leave Adam's house immediately.

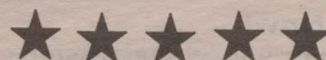
Now a single man, Adam is left to fend for himself. While in chemotherapy, he meets two older men Mitch and Alan who are also undergoing treatment, and a comical friendship blossoms between them.

Adam grows close to the two men, and is heartbroken when one of them dies, bringing him to a grim realization that he could die too. At his next doctor appointment Adam is told that the tumor is not responding to the chemo and the only option left is to undergo a dangerous operation. Adam has a mental breakdown the night before his operation and calls his psychologist Katie for support. This is the most powerful scene in the movie and is sure to have at least half of the audience in tears. The circumstances Adam is forced to deal with leaves viewers hoping he can pull through.

The film is both amusing and moving. One minute you will be on the verge of crying, and the next you will be laughing out of your seat. It depicts a daring message that many people are scared to take on, and demonstrates the way people handle the unthinkable; the reality of life and death.

Joseph Gordon-Levitt, who starred in last summer's hit "Inception" shows his incredible ability as an actor to conform to any role he is given. Whether a sci-fi action movie or a serious drama, he knows how to keep viewers engaged in the story. Levitt and Rogen are an unusual pair that complement each other perfectly. "50/50" is one of those rare movies that stick with you for a long time.

Get Reel gives "50/50"



Spirit Day gives way to GSA benefit concert

Chris Hindenach
Staff Reporter

Turning a negative into a positive, Sacred Heart University's Gay Straight Alliance (GSA) will be hosting their first rock concert benefit in support of Spirit Day and suicide awareness.

Spirit Day has been introduced all around the nation and, "honors the teenagers who have taken their own lives," said junior Ariel David, who coordinated the event.

"More importantly, it is to show the many thousands of LGBT youth who face pressures and bullying, and give undeniable support," she said.

Donations and proceeds from the event, that will be showcasing local bands and artists, will be going towards a charity close to heart of the GSA, the Trevor Project.

"The Trevor Project is an organization which provides support and awareness about suicide prevention especially that of the LGBT community," said David.

"It has its own hot line and from it springs many other organizations designed to help with bullying and suicide."

Eyes to See, made up of senior Bill Haug, juniors Trevor Kelly and Chris Mastrocola, and sophomore Spencer DeNisco, will be one of the bands showcased at the event.

"We're just here to have fun," says DeNisco. "All of us support GSA and that's why we're playing this show."

Along with Eyes to See, a local alternative rock, down tempo band, Fortify, will make their

debut at Sacred Heart.

The band, which is made up of David Fournier, Joe Beres and Nick Lopardo, came together in 2009 and has since been signed to Long Island's Meadowbrook Records.

Fortify has released two EPs, "Going Down" and "Life of Letdown," which are both full of personal material.

"I write for me, and for who ever else wants to relate to the music," said Fournier. "I'd much rather have people relax and listen to my band and scream the lyrics out of their car, than go pick a fight with someone or do something stress prone. I guess at the end of the day it's a cool contradiction, having melodic songs and dark lyrics."

Besides supporting the cause, Fournier, hopes that their performance at the GSA benefit will also expose more students to his band's music.

"I hope our new songs capture the intensity the recordings do and I hope kids are just into it," says Fournier. "If they leave saying, 'Man, they were cool,' that's all we could hope for."

The GSA is welcoming any entertainment to perform, not just bands.

Campus fraternity, Omega Phi Kappa, will add poetry and free-styling to the night.

The event will be held Thursday, Oct. 20, at 8:30 p.m., at the Outpost Pub.

In addition to having a great time, David encourages students to do one more thing at the show to show their support.

"Wear purple!" she said.

Seniors enjoy perks of legal age with on-campus beer gardens

Mia Selvaggio
Staff Reporter

As seniors are getting ready to part their ways, Sacred Heart University has been offering a variety of events to bring them together.

At this year's Senior Pub Night, DJ Pauly D, Student Gala, Homecoming, and Fall Fest most seniors were allowed to drink on campus for their first time.

"It's a privilege in its self to turn 21, but it becomes even more of a privilege now that we are able to legally drink at school events," said senior Caroline Campo.

On Sept. 28, the class of 2012's first Senior Pub Night was held at the Outpost Pub. There was a band, beer, wine and food for seniors to enjoy.

Chartwells provides students with breakfast, lunch, and dinner as your everyday school cafeteria. However, at night it can be transformed into a pub for over 21 students to enjoy, and seniors cannot get enough of it.

"I thought Senior Pub Night was a great time," said senior Kyle Porter. "It's a nice change from the bar and club scene, where we can drink and have a good time with our classmates in a safe environment."

"Keeping students involved and excited about on-campus events is very important for school spirit, so I definitely encourage more events like Senior Pub Night."

Seniors have anxiously spent three years awaiting their chance to participate in Senior Pub nights.

"Everyone's heard of Senior Pub Night throughout their years here at SHU, and to finally be able to be a part of it is pretty cool. Beer, music, and friends sounds like a good time for everyone to me," said senior Christopher Dionisio.

Overall, the first Senior Pub Night was a great success and many seniors are looking forward to the next one, which will be held on Oct. 26.

Also, on Sept. 9, at DJ Pauly D's concert, there was a beer garden for students of age to enjoy at the William H. Pitt Center.

The beer garden was fenced in towards the back of the

gymnasium, allowing students to drink and socialize without being trampled on by Pauly D's crowd of fans.

"I know for myself and my group of friends, that being able to seclude ourselves with just our class at the beer garden at Pauly D was the part that we were looking forward to the most, and it definitely met our expectations," said Campo.

Even though students had to wait in line several minutes to get a beer, they still enjoyed the fact that they were able to dance and listen to DJ Pauly D in the beer garden.

"I thought Senior Pub Night was a great time. It's a nice change from the bar and club scene, where we can drink and have a good time with our classmates in a safe environment."

-- Kyle Porter, Senior



The Spectrum/File Photo

After three years of waiting, seniors are able to be apart of pub night.

"I like any event that has a beer garden, and you can quote me on that," said Dionisio.

Student events on campus are a success within the Sacred Heart community. However, students are not complaining about the added luxury of beer gardens and pub nights that they have waited three long years for.

"Having events on campus, with a beer garden, for those who are 21 years of age is a good way to keep the upper classmen involved in student events," said senior Kim Rooney. "I enjoy these events because they are all very different from a typical Sacred Heart weekend."

Being able to drink in a safe environment at campus events allows seniors to be free of the common worries they face when they go out in Bridgeport or New Haven. It also makes the senior class excited for on campus events.

"Events such as Fall Fest, Pub Nights and even the Student Gala, allow for students to experience a small night of freedom, and it truly could not be more appreciated," said senior Christopher Schine.



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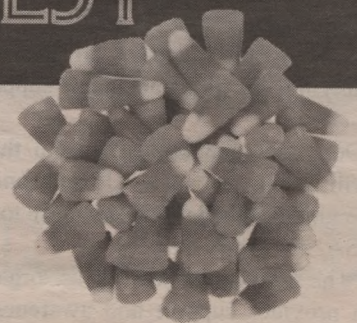
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- A picture of a jar with candy corn will be posted Tuesday, October 18th.
- Comment on the picture with your guess!
- The closest without going over wins a \$25 gift card to Frank Pepe's!

Contest ends October 26.

SHU's Family Weekend promises to be a 'Wicked Good Time'

Kelly Taylor
Staff Reporter

When classes, homework, and the nightlife in Bridgeport becomes tiresome, it's time for some old fashion family fun.

"When it comes to Family Weekend Sacred Heart University has always gone above and beyond to make sure that students and their parents are always fulfilled," said senior Colleen Craffey.

This year, Family Weekend will be held Oct. 21-23. The weekend will be packed with events that are designed to give students and their families an enjoyable weekend together.

"This year's Family Weekend is sort of a haunted theme," said Student Life Graduate Assistant Amanda Rowe. "Since it is the weekend before Halloween, we wanted to put a little spin on the plans. Our slogan is, 'It's a Wicked Good Time.'"

"We have so much in store for our families. We cannot wait to share the moments with them," said Rowe.

The events that will be taking place for the weekend is a special performance by an 80's tribute band, a haunted tailgate before the football game on Saturday afternoon, a special guest, and reception for parents and students. There will also be Sacred Heart's ever-popular Bingo event.

In addition to those fun affairs, parents and students will have the opportunity to meet and interact with the new president Dr. John Petillo.

"I am thrilled about the way the weekend has turned out," said Rowe. "I am most excited for the Wicked event. Its also new and exciting for us to have the opportunity to interact with the president at the 'meet and greet' continental breakfast.

"On Saturday evening our guests will experience, The Women of Wicked. The members of the cast from the Broadway show, 'Wicked,' are coming here. They will be performing songs and acts from the show."

Family weekend is a time for students to share their college life with their families. Getting the opportunity to spend a weekend with your family may also be a short break from the stresses of school.

"My parents love to come see me and catch up," said junior Dan Bird. "They get to meet my team, and see what I do everyday. They plan on taking me and my housemate out to dinner in Fairfield, I can't wait to see them."

However, not all students experience their family weekend in the same way. Many of Sacred Heart's community engage in other bonding activities with their parents and families.



The Spectrum/File Photo

Families enjoy a meal at the William H. Pitt Center during a past Family Weekend.

"I wish my parents could make it this year but they have to work and the drive is pretty far," said Craffey. "They are coming up the following weekend for my birthday. They are sad they can't attend, but that doesn't stop them from seeing my life at school."

Family weekend for Sacred Heart is filled with an agenda of activities that are hoped to pull families and students closer together, while showing life at the univer-

sity.

"Letting the families to experience the university in a different way, gives them insight into what our mission here at Sacred Heart is," Bird said. "The connection that's formed between school, life and family is one that will have a lasting affect on my life."

Family Weekend Schedule

Friday, Oct 21st

6 P.M.-9 P.M. Art Gallery

Registration

7 P.M.-11 P.M. University Commons

80's Dance Party and Pre-bash

Saturday, Oct 22nd

10 A.M. Pitt Center

Registration

11 A.M.-1 P.M. Outside Pitt Center

Haunted tailgate

1 P.M. Campus Field

Football game: Pioneers vs. Monmouth

4 P.M. University Commons

Broomstick Bingo

5 P.M. Dinner on your own

6 P.M.-9 P.M. Edgerton Center

The Women of "Wicked"

7:30 P.M.-9 P.M. Dining Hall

Dessert Reception

Sunday, Oct 23rd

9 A.M. Family Chapel Mass

9:30 A.M. UC Lobby

Meet the President Continental Breakfast

11 A.M. Chapel

Family Mass

There's always something happening at

the  SPOT
fairfield

Wednesday

Ladies' Night!

Buy 1 Get 1 Drink Specials from 6pm

Thursday

College Night

\$3.00 Beers and House Drinks

Friday

Oct 21st The Rev & Ron Band 10pm-close

\$3.00 Beer & Shot Specials from 9pm-11pm

Saturday

DJ in House 10pm-close

9:30-10:30 Power Hour - \$2.00 Beer & Shots

10:30-11:30 - \$3.00 Beer and Shots

Sunday

Acoustic Brunch Noon-3:30

8pm Electronic Game Night

with Drink Specials & Prizes

Monday

Monday Night Football

\$3.00 Beer Special & Free Food at half-time

Tuesday

Trivia with Dennis Heater

7pm half price Bottles of Wine

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Scoreboard

Friday, October 14

W. Soccer

SHU- 4

FDU- 1

M. Ice Hockey

SHU- 0

Clarkson- 3

Field Hockey

SHU- 0

Rider- 4

M. Soccer

SHU- 1

Mount St. Mary- 0

Saturday, October 15

Football

SHU - 60

St Francis - 45

W. Volleyball

SHU- 1

Robert Morris - 3

M. Ice Hockey

SHU- 2

Clarkson - 5

Sunday, October 16

Field Hockey

SHU - 0

Monmouth - 21

M. Soccer

SHU- 1

Monmouth - 0

On Deck

Wednesday, October 19

M. Soccer vs. Yale

8:00 p.m.

Friday, October 21

W. Soccer @ Wagner

3:00 p.m.

Field Hockey @ Bryant

7:00 p.m.

Saturday, October 22

Football vs. Monmouth

1:00 p.m.

W. Ice Hockey @ Brown

1:00 p.m.

W. Volleyball vs. CCSU

6:00 p.m.

Sunday, October 23

Field Hockey vs. Siena

3:00 p.m.

M. Soccer vs. CCSU

12:00 p.m.

W. Soccer @ Long Island

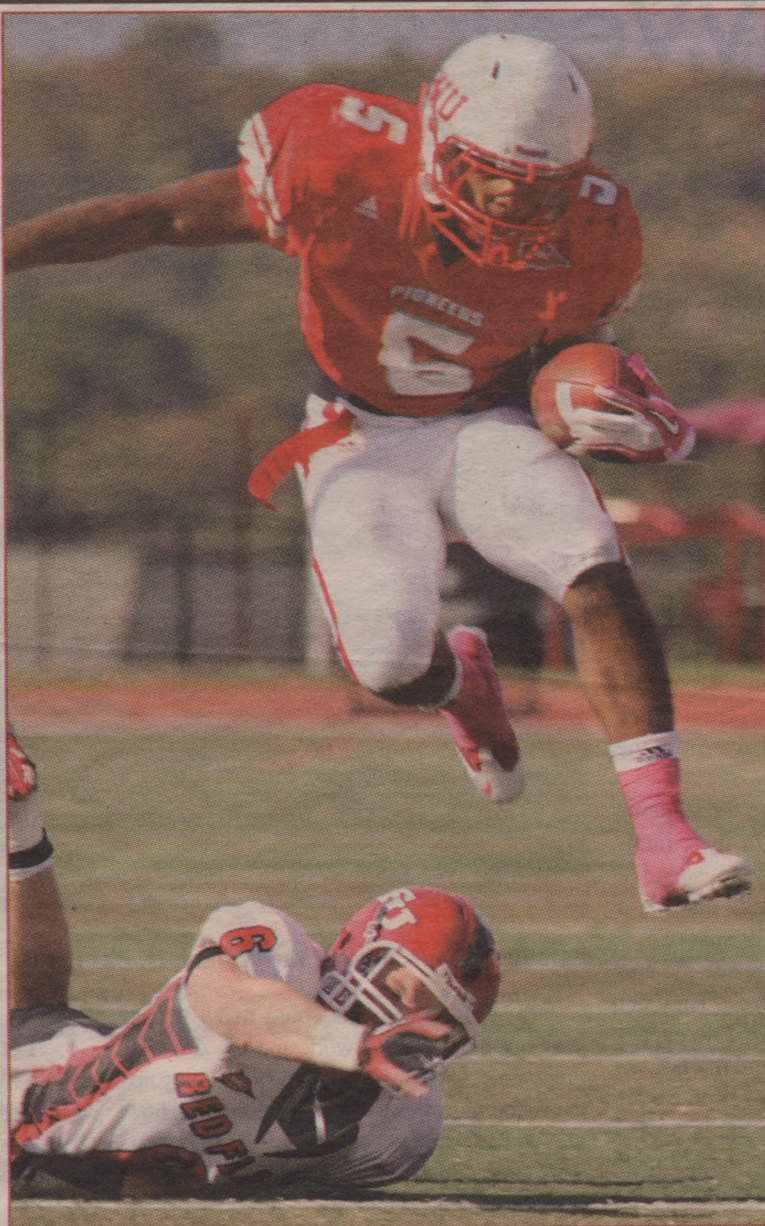
1:00 p.m.

W. Golf @ Sacred Heart Fall

Classic TBA

W. Tennis @ ITA Regional

TBA



The Spectrum/Sean Elliott

The dynamic running backs Greg Moore (#5) and Keshaudas Spence (#18) became the first duo to rush for 100 yards each in a game.

PIONEERS EXTEND WIN STREAK TO FOUR

Defeat Saint Francis 60-45 in a shootout

Emily Pepe
Staff Reporter

It was a big day for the Sacred Heart University football team as they defeated Saint Francis Red Flash of Pennsylvania 60-45 on a breezy Saturday afternoon in front of a crowd of 1,100 at Campis Field.

The offense put up explosive numbers totaling 588 yards, which was the most in Sacred Heart history, and the 60 points was good for a Division I school record.

"One thing about this team is that they believe in each other and play well as a whole group," said Associate Head Coach Mark Nofri.

The Pioneers came out hot in the first quarter as Keshaudas Spence scored from the two-yard line, finishing off a 12-play 74-yard drive.

"Today was just a wonderful day on offense. We clicked on all cylinders," said Spence on the Pioneer Vision following the game.

"I want to thank the hogs up front and the fullbacks. Without them I couldn't have scored four touchdowns. Overall, today was just outstanding."

The Pioneers wasted no time scoring again after the defense stopped the Red Flash on a third down.

Red-shirt sophomore quarterback Tim Little found senior wide receiver Garry Coles on a 57-yard bomb for a touchdown.

The defense once again came up big as they came up with another stop, causing the Red Flash to punt the ball away.

The offense called on Spence once again as he scored from 13 yards out to give the Pioneers a comfortable lead at 21-0.

The Red Flash slowed the Pioneers down in the second quarter.

With five minutes left in the half, the

Pioneers settled for a 32-yard field goal from red-shirt freshman Chris Rodgers, who is still perfect on the year on field goal attempts.

The Red Flash finally got on the board at the end of the half when sophomore quarterback John Kelly found a hole in the Pioneer defense running it in with no time left on the clock to make it 24-10 at halftime.

Saint Francis would turn the tables on the Pioneers in the second half, scoring two quick touchdowns to open the half.

On the first play of the second half, sophomore running back Kyle Harbridge took the handoff from his quarterback and turned it into an 80-yard touchdown run for the Red Flash.

This wouldn't be the end of the comeback for the Red Flash as they took advantage of a Pioneer fumble on the ensuing kickoff.

Saint Francis cut the lead to 24-21 after they punched it in from the one-yard line.

Sacred Heart answered right back when Spence scored from two yards out, on his third score of the day.

"A few mistakes here and there and we gave them some momentum that let them back into the game, but overall our kids didn't quit and kept coming after them," said Nofri.

From that point on, both teams would trade field goals, as Sacred Heart's Rodgers kicked a 30-yard field goal, and kicker Josh Thiel from Saint Francis kicked a 43-yard field goal for the Flash.

At the end of the third quarter the Pioneers held onto a 34-24 lead.

In the fourth quarter, sophomore Greg Moore found the end zone twice to help the Pioneers keep the lead.

Moore wasted no time with his first touchdown as he took the handoff from his quarterback for a 45-yard touchdown run.

His second touchdown was a 34-yard run which gave the Pioneers a 47-24 lead. Moore

had 152 total yards on the day.

"Our biggest thing is we need to control the clock, keep our defense off the field, and give our defense rest," said Moore on the Pioneer Vision.

Saint Francis drove 50 yards down the field on a 10-play drive to make it 47-31.

Sacred Heart answered with just over five minutes remaining in the fourth quarter the Pioneers called on their freshman running back.

Spence scored a 31-yard touchdown. He finished the day with 124 total yards and four touchdowns.

Saint Francis kept coming back as their running back took the handoff 19 yards for a touchdown to help keep the Red Flash hopes alive.

The Red Flash recovered the ball on the on side kick with 1:59 left in the game.

With the ball on the Sacred Heart 48 yard line, the Red Flash were looking to keep their scoring hopes alive when Kelly's pass was intercepted by Sacred Heart's J.D. Roussel. Roussel took it 52 yards for a touchdown giving the Pioneers a 60-38 lead.

Saint Francis found the end zone with 20 seconds left in the game, but that would be all for them.

The win brings the Pioneers record to 4-2 and 2-1 in conference play.

"Right now we have confidence and the kids believe they can win, that goes a long way in your mind-set of winning a football game," said Nofri. "When you have a team that plays hard, believes in one another, and has the right mind-set, it always gives you a great chance to beat any opponent."

Up next, the Pioneers take on the Monmouth Hawks in a 1 p.m. kickoff at Campus Field, part of Sacred Heart's Family Weekend.

SHU MOURNS PASSING OF HARDY

Blake Campbell
Sports Editor

In a tight ball game that went deep into overtime, the rookie American point guard stepped up to lead his team to a five-point victory.

Playing for his first time against his teams rival Dinamo Bucharest, Chauncy Hardy scored a team high 22 points, with six rebounds and nine assists.

His role in the big win displayed why the 23-year-old was named captain of the CSS Giurgio basketball team in his first season. Hardy was the man of the hour.

Like many other kids, Hardy dreamed of becoming a professional basketball player.

After a successful collegiate career at Sacred Heart University, he began living his dream when he signed to play professionally for Giurgio in Romania. That dream was tragically cut short Oct. 9 when an altercation at a local bar ended his life.

"He was never an aggressive person to be looking for fights. It's just a sad thing. It's the kind of situation you wouldn't wish for anybody," said head coach Dave Bike.

"It makes me proud and it makes me even more sad. When you have a young person doing what you always hoped he would do, you want to see them do it for a long time. It's tough."

-- Anthony Latina, Assistant Basketball Coach

Earlier in the night, Hardy had been instrumental in helping his new team to defeat their rivals. While celebrating the overtime victory, Hardy was punched by a local Romanian in an altercation revolving around a girl he met at the bar.

The punch knocked him to the floor and sent him into a coma. Hardy was taken to a hospital where he later was pronounced dead due to severe head injuries suffered during the attack.

"I was really upset because I know he was doing what he really loved and he was doing it really well," said Athletic Director for Academic Advising Lucy Cox.

"I could see the potential for him was so great. To see that he had finally gotten to where wanted to be, where was most happy, it was real upsetting for me that they just took it away from him."

Although many regarded him as quiet, guarded, and reserved, the people closest to him knew Hardy for his humor and lightheartedness.

"He was just here to play basketball and have some fun," said Ryan Arroyo, a Sacred Heart alumni and friend of Hardy's. "That's the type of person he was. It's how he embraced life. He was going to live his life, play basketball, and enjoy the trip."

The Pioneers recruited Hardy in 2006. A young program, Sacred Heart was not largely known for basketball at the time.

"He was someone who took a chance on Sacred Heart. It wasn't the thing that a lot of people would do at the time," said Assistant Coach Anthony Latina.

Hardy played basketball at Xavier High School in Middletown, Conn. where he was named all-state, all-league, and all-

county. His success carried over to college where he continued to improve his game.

"I do think down deep his dream was to be a basketball player," said Bike.

Hardy found early success on the court for Sacred Heart.

As a freshman, he helped to lead the Pioneers to an 18-14 record. He averaged 10.6 points per game while handing out 82 assists over the course of the year, he was named to the Northeast Conference All-Rookie team.

The season was concluded with a trip to the NEC Championship game.

"In his freshman and sophomore years, he and Ryan Litke really played key roles in us getting to the championship games," said Bike.

"A couple of unknowns at the time raised our level of competition."

His sophomore year, Hardy averaged 10.1 points per game with 93 assists and 48 steals. That year, Hardy scored in double figures 18 times, leading the Pioneers to another trip to the NEC Championship game.

As a junior, Hardy averaged 11.3 points per game. He led the team in assists (101) and steals (36). He also led the team in three-point field goal percentage, shooting at 42.7 percent.

Hardy led the Pioneers to the playoffs for the third consecutive year.

"His four years here at Sacred Heart, he had the most wins any Sacred Heart player had in any four year span," said coach Latina. "He really helped establish the program and it gave us a lot of credibility certainly within our conference and within our region."

As a senior, Hardy averaged 12.5 points per game and became only the 29th player in Sacred Heart history to score 1,000 points.

This was just another milestone in an already outstanding career. His team recognized him for his feat.

"The next home game they stopped the game and brought him out," said current basketball player Shane Gibson. "They handed him a basketball with the number 1,000 on it to recognize what he had done. The whole crowd went crazy and then it was back to the game."

He would finish his Sacred Heart career with 1,247 points. Hardy wasn't one to be concerned with stats. He always approached the game with one goal in mind; he wanted to win.

"It's a big milestone and a credit to the kind of career he had," said Latina. "More than the statistics, the thing I respected most about Chauncey as a basketball player was he was a winner. His teams always won. He won in high school, he won in college and that was the case for us."

Hardy was a winner on the court. He refused to have it any other way. His sheer determination to win separated him from other players.

"That was his business. When he was on the court, it was nothing but business. The kid was no joke," said Arroyo.

By coming to Sacred Heart, Hardy started a trend of highly rated players joining the Pioneers.

"Because he was a highly rated player out of high school, he made other people think, 'He's pretty good. Maybe I should take a look at Sacred Heart,'" said Latina.

Hardy formed close friendships with his teammates to the point they were like a family.

"He was very close with them like family," said former Sacred Heart football player Jeff Hodges. "He even took some of the underclassmen under his wing and showed them the ropes."

One of those underclassmen was Gib-



The Spectrum/File Photo

Hardy (#22) scored 1,247 points in his four year career with the Pioneers.

son. Gibson spent a lot of time with Hardy as they would always look for ways to compete.

"During practice, we would use each other for motivation," said Gibson. "Him, Litke, and I would get together after practice and create shooting games."

"I think he's going to be remembered as someone who really brought a lot of passion to our game. People went to the games to watch him play because he could jump so high and could go so fast. He wasn't a big guy but he was strong. I think a lot of people will remember those moments."

-- Lucy Cox, Athletic Director for Academic Advising

The friendly rivalry made both of the players better, ultimately helping the team to get better.

"We would talk trash to each other all day just to see if we could be better than the other person that day. It was all love though," said Gibson.

Although Hardy had plenty of success at Sacred Heart, he knew there was another level of basketball for him.

After an accomplished career at Sacred Heart University, he signed to a Romanian team to play professionally overseas.

"He got over there by himself," said Latina. "Usually if one of our players goes overseas, we help them either get representation by an agent or point them in the right direction. It says a lot about his maturity and responsibility and how far he's come."

Hardy's success continued overseas as he lived out his dream of playing professionally.

In his first year playing for CSS Giurgio, he was named captain of the team.

"A week before he passed we talked

about how he was doing overseas. He told me how much he loved it as a pro," said Hodges.

Unfortunately, his rookie season would only last two games.

"It makes it a little tougher," said Latina. "He was out making a career for himself and a life for himself. I think it makes it that much more tragic that it was someone doing good things."

"It makes me proud and it makes me even more sad. When you have a young person doing what you always hoped he would do, you want to see them do it for a long time. It's tough."

The loss of Hardy has been rough for the Sacred Heart community, especially to those who loved and respected him.

"Chauncey was like a little brother to me. Our friendship was full of laughter and fun times," said Hodges.

"We use to compete with a lot of stuff but that's what you get with two athletes. Between the basketball team and the football team, we were family to him."

Though friends and family are in deep mourning, some choose to rely on their faith to bring them solace.

"God gave him his shot, he earned it, and God took him while he was at his highest. God works in mysterious ways," said a tearful Arroyo.

Hardy will be remembered on campus as more than a standout basketball player. He will also be remembered for the genuine person he was.

"He was a legitimately good-hearted person," said Arroyo. "I'll remember him as the player he was on the court because I knew what he could do and the man he was off the court. He was an awesome person to be around."

But his dominance on the court also established a legacy at Sacred Heart that will not be soon forgotten.

"I think he's going to be remembered as someone who really brought a lot of passion to our game," said Cox. "People went to the games to watch him play because he could jump so high and could go so fast. He wasn't a big guy, but he was strong. I think a lot of people will remember those moments."

Hardy's funeral is scheduled for this morning.

SHU ATHLETES REFLECT ON THEIR HOME AWAY FROM HOME

Rakendrick Varnado
Staff Reporter

Being a student-athlete can be demanding. The balance between participating in a sport and school is no easy feat. But imagine having to accomplish this in a different time zone than your hometown.

"It's really challenging because I'm only able to go home about once a semester. I hardly ever get to see my family because of that," said senior California native, and volleyball player Maile Hetherington.

Even though parents may not be able to attend games they have the option of watching games online via Game Central on the Sacred Heart athletics page.

"They watch me play online anytime they get and usually get to come out and watch once a season," said Hetherington.

Having the opportunity to play in front of parents gives a boost in confidence and builds self-assurance among athletes.

These athletes do not have the support of their immediate family but have the comfort of their teammates to make them feel at home.

"At first it was hard being so far away and not being able to see my family and friends but once I met all my teammates it wasn't that hard," said senior Rock Tate, a wide receiver on the football team.

Tate plays for both the Sacred Heart football and lacrosse teams. Although he is from Florida, he spends most of his year at Sacred Heart.

"My only time home is Christmas break since it fits right between the football and lacrosse seasons," said Tate. "It's definitely nice to be able to get some sun in Florida instead of being stuck here during the winter."

Not being able to visit family and friends for an extended period of time



The Spectrum/ Sean Elliott

Rock Tate (#8) plays both football and lacrosse at Sacred Heart. He is a native of Lantana, Florida.

would bother many people, but not Tate.

"Being able to play two sports up here has really made it easier to be away from home since both my teams are like family," said Tate. "The only time I really get homesick is that week leading up to actually being home."

Homesickness can affect anyone who has not been home in a significant amount of time.

"You get homesick a little bit," said junior football player and Florida native Ray Hodgson. "When your playing a sport and have all a lot of school work to do, you are just so busy that it doesn't bother you anymore."

Weather is also a big change that these athletes must adapt to and this change can be very drastic.

"It is very different playing football in 100 degree weather and then suddenly having to play in 40 and 30 degree weather. But, love for the game helps me toughen it out," said Hodgson.

"I'm just such a Florida boy, I guess. When you don't know anything else, it is very hard to get accustomed to new surroundings."

The weather change can also be enjoyable as some of these athletes are from areas where there is little to no snowfall.

"Snow and the winter took some getting used to because it's freezing here but it's fun getting to dress for the winter too and play in the snow," said Hetherington.

"I have not played in the snow yet," said freshman defensive back Kyle Church, who is also from California. "I think it will

be a slight challenge but all together I think it will be a great experience."

Also, being able to connect with people that are facing the same situation can make the change easier.

"Having teammates that were from the west coast helped me transition into the much different east coast," said sophomore basketball player and California native, Ericka Norman.

"My teammates always made sure that I wasn't sitting alone."

Although far away from the comforts of home, the experience is once in a lifetime.

"It was a huge transition to come across the country but I'm glad I got to see something new," said Hetherington.

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PIONEERS SPLIT GAMES OVER THE WEEKEND

Leah Salindong
Staff Reporter

There were 102 spectators in attendance at the William H. Pitt Center Sunday when Jessica Colberg scored the game winning point for the Sacred Heart women's volleyball team.

Playing against division foe St. Francis of PA, the final point came in the third and final set of the match.

Colberg scored off an attacking error made by Lauren Wingard of St. Francis. This point propelled the Pioneers to a 3-0 win over the Red Flash, boosting their record to 7-1 in the Northeast Conference.

The Pioneers first Northeast Conference loss of the season came a day earlier to Robert Morris.

The Lady Pioneers lost the first set 28-26 in favor of the Colonials. Sacred Heart was able to generate more offense in the second set, which lead them to tie the match by winning 25-15 off a kill from Dianis Mercado and a set from Alisa Mesa.

"We could have improved on being more aggressive as the match started by not being as passive," said Mercado, who was named the 2010 Northeast Conference Rookie of the Year.

The Colonials were able to take the lead in the third set by winning 27-25.

The Pioneers were unable to combat the Colonial's .389 hitting percentage in the final set, resulting in a 3-1 loss for the Pioneers.

Defensively, the Pioneers had 59 digs and a mere three blocks total against the Colonials, with contributions from Mercado, Colberg and Kimmee Roleder. All three Pioneers were also able to provide more than 10 kills each for Sacred Heart.

"Robert Morris played very well. They are one of the stronger teams in the conference. As we work to become more efficient, we should finish out the conference very well," said Assistant Coach Amanda Roleder.

Sacred Heart possessed a .288 average hitting per-

centage against Robert Morris' .277 hitting percentage.

The Pioneers were able to serve five aces. The top scorer of the match, Roleder, made 21 kills throughout the match.

"Robert Morris is a great team and they were able to play their game," said Mercado.

The Pioneers are looking forward to their next encounter with the Colonials.

"Robert Morris was the team we played in the conference final last year. They are very strong program," said Head Coach Rob Machan.

The Pioneers were able to put their loss behind them in order to focus on their match against St. Francis of PA.

In a matter of 81 minutes, the Pioneers were able to defeat another NEC competitor.

"We played with much more control against St. Francis of PA.," said Roleder.

Sacred Heart was able to sweep the match, winning all three sets. Mercado, Roleder, and Elise Sage did well offensively with at least 10 kills apiece.

Sage had the highest kill percentage for the match with a hitting percentage, 667, and got additional contributions from Coldberg, Alissa Young, and Johanna Ovsenek.

"The team was very prepared and they were also very determined from the beginning to execute our offense well and they played very strong," said Machan.

The Red Flash were able to challenge the Pioneers in the first two sets, losing 25-23 and 25-18.

In the final set the Pioneers dominated the Red Flash with a blistering .519 hitting percentage, winning the set 25-10.

The Pioneers were able to shut out the Red Flash, only allowing a .098 hitting percentage and 30 points with 48 digs and seven blocks.

"We had much better communication. The serving and serve receive was also much more controlled," said Coach Roleder.

The win over St. Francis puts Sacred Heart in a good position for the NEC Tournament in November.



The Spectrum/Sean Elliott

Dianis Mercado serves up an ace in a recent match.

"I was really pleased with the team efforts [Sunday]. We're going to have a couple weeks now where we face very good opponents, which will help us to get better and we look forward to getting into practice this week," said Machan.

The Pioneers will take this week to prepare for the upcoming NEC games this upcoming weekend.

"It was a good weekend overall as we learned more about our strengths and weaknesses and are ready for a great week at practice preparing for Central Connecticut State home on Saturday and Long Island away on Sunday," said Coach Roleder.

SHU PACKS THE PITT FOR HOOPS MADNESS

Peter Mormino
Staff Reporter

The fans were roaring, lights were flashing, and Big Red was dancing as both the men's and women's basketball teams stormed the court in the midst of SHU Hoops Madness.

The Sacred Heart community gathered Friday Oct. 14 in the William H. Pitt center for the annual event to kick off the basketball season.

"I think SHU hoops madness is a great way to get the Sacred Heart community together in order to help bring support to the upcoming basketball seasons," said sophomore dancer Brianna Lauria.

"I really enjoy performing at events like this and helping to entertain the Sacred Heart community. We all enjoy all the fans that come out and show their support." Other students enjoyed the event as well.

"It was enjoyable to see an event put together by many to attract students, faculty, family and friends," said junior Trevor Dausen.

"Pep-rally's are a great way to bring up school moral and really get the Sacred Heart community excited."

The basketball portion of the program included a three-point contest featuring senior forward Callan Taylor and freshman guard Katie Shepard. The two competed to a nine to nine tie.

The night reached its peak when the fans witnessed the high flying theatrics of the men's slam dunk competition.

"It was wonderful to see all the fans come out and support both the men's and women's teams," said red shirt junior forward Femi Akinpetide. "Before entering a season with a long schedule including several key games, it's uplifting to know that the fans are behind us before we step foot on the court."

Fans were thrilled to see the competitions put on by the Pioneer basketball players.

The show they put on will keep the fans interest and help bring them back come game time.

"Motivation is such an important factor heading into a season," said sophomore forward Blair Koniszewski.

"Having a community like ours surrounding us with their optimism and cheerfulness really lifts a weight off our shoulder. Our team is excited to get on the court and

start generating consistent wins."

The night was capped off with an electrifying performance by the famous C&C Music Factory singing their well-known hit "Everybody Dance Now."

This song is recognized countrywide as it is played in arenas all over the world.

"The fact that we can get everyone down for an event that's fun and exciting before the season starts really gives us a boost of confidence," said sophomore guard Chris Evans. "Both teams are motivated and eager to have the season begin."

The event also recognized all of the winter sports teams as they are set to kickoff their seasons in the upcoming weeks.

Prior to the three-point contest and slam dunk competition both teams were introduced individually. The

women have three new faces, freshman Hannah Kimmel, Gabrielle Washington and Shepard.

The men have two new members to their team including freshman point guard Phil Gaetano and junior forward Mostafa Abdel Latif, who is from Egypt.

Both teams are set to open their seasons on the road on Friday, Nov. 11. The men will play in the Connecticut 6 tournament at Mohegan Sun. They will take on Hartford in a 3 p.m. tip.

The women will travel to Sienna for a 7 p.m. tip.

Fans will be able to catch the Pioneers in action at the Pitt Center a few days later.

The women will play host to Columbia on Nov. 13 at 2 p.m., while the men will host Stony Brook on Nov. 15 at 7 p.m.



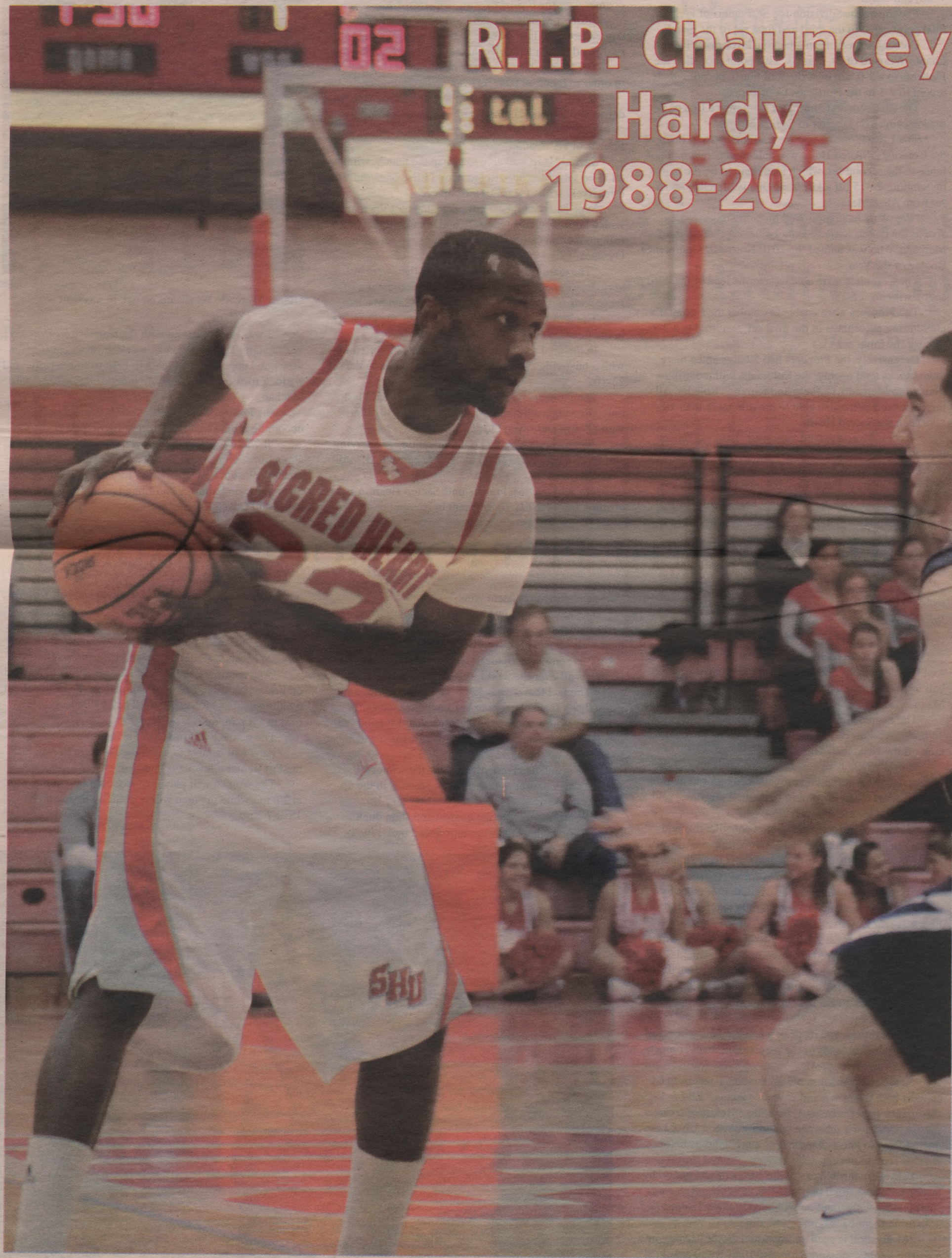
Photo Courtesy of Johnathon Henninger

Sophomore Evan Kelley (#12) dances with Big Red during SHU Hoops Madness last Friday night.

Sports

The Spectrum

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R.I.P. Chauncey
Hardy
1988-2011

Sacred Heart remembers former point guard Chauncey Hardy in wake of his untimely death at a bar in Romania while celebrating a win over a rival team. Hardy was in his rookie year playing for CSS Giurgiu.

The Spectrum/File Photo